

Die Unterfränkischen Meister 2020

Männer

| | | | |
|----------|---|------------------------|---------|
| 100m | Gabel, Michael | LG Ldkr. Aschaffenburg | 11,08 |
| 200m | Gabel, Michael | LG Ldkr. Aschaffenburg | 22,0 |
| 400m | Bishop, Rhys Daniel | SC Ostheim-Rhön | 51,80 |
| 800m | Amtmann, Rene | TSV Thüngersheim | 2:07,5 |
| 1500m | Bishop, Rhys Daniel | SC Ostheim-Rhön | 4:06,76 |
| 5000m | | | |
| 110mH | | | |
| 400mH | | | |
| 4x100m | Heuft-Heidenfelder- Heidenfelder-Stöhr | LG Main-Spessart | 45,23 |
| Hoch | Richter, Florian | LG Main-Spessart | 1,87 |
| Weit | Spinnler, Sebastian | LG Ldkr. Aschaffenburg | 6,88 |
| Stab | Denninger, Pascal | TG Kitzingen | 4,41 |
| Drei | Spinnler, Sebastian | LG Ldkr. Aschaffenburg | 14,15 |
| Kugel | Graßmann, Simon | TV Bürgstadt | 12,93 |
| Diskus | Ries, Bernhard | LG Main-Spessart | 29,77 |
| Hammer | | | |
| Speer | Spinnler, Sebastian | LG Ldkr. Aschaffenburg | 52,82 |
| 10-K. | Brand, Marcel | LG Ldkr. Aschaffenburg | 4717 |
| | 12,5-5,45-8,76-1,86-56,3- 20,40-25,12-2,70-43,14-4:46,41 | | |
| CrossM | Bishop, Rhys Daniel | SC Ostheim-Rhön | |
| Cr.-M. | Amthor-Kunisch-Ziegler | TV Ochsenfurt | |
| CrossL | Bishop, Rhys Daniel | SC Ostheim.Rhön | |
| Cr.-M. | Bishop-Perleth-Söder | SC Ostheim-Rhön | |
| Berglauf | Bishop, Rhys Daniel | SC Ostheim-Rhön | |
| Bl.-M. | Rauch-Schönfeld-Amann | LG Lohr-Rechtenbach | |

Männliche Jugend U20

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|--------|----------------------------------|--------------------|---------|
| 100m | Heidenfelder, Hannes | LG Main-Spessart | 11,85 |
| 200m | Stöhr, Emil | LG Main-Spessart | 25,2 |
| 400m | Zapel, Rene | LuT Aschaffenburg | 50,34 |
| 800m | Hofmann, Matthias | LAZ Kreis Würzburg | 2:00,0 |
| 1500m | Kriester, Elias | LG Main-Spessart | 4:10,42 |
| 5000m | | | |
| 4x100m | Fey-Schwind- Finkelmann-Zapel | LuT Aschaffenburg | 46,09 |
| 110mH | Estenfelder, Kai | LG Main-Spessart | 21,33 |
| 400mH | | | |
| Hoch | | | |
| Stab | | | |
| Weit | Schleifnik, Sebastian | LAZ Obernburg/Mil | 6,32 |
| Drei | Schleifnik, Sebastian | LAZ Obernburg/Mil | 13,31 |

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|-------------|-----------------------|------------------------|-------|
| Kugel | Heidenfelder, Philipp | LG Main-Spessart | 13,96 |
| Diskus | Heidenfelder, Philipp | LG Main-Spessart | 36,11 |
| Hammer | | | |
| Speer | Mark, Jonathan | LAZ Kreis Würzburg | 37,86 |
| 5-K. | | | |
| 5-K.-M. | | | |
| 10-K. | | | |
| 10-K.-M. | | | |
| Cross-M. | Lentzkow, Niklas | LG Ldkr. Aschaffenburg | |
| Cross M.-M. | Schwind-Kreß-Zapel | LuT Aschaffenburg | |
| Cross-L. | | | |
| Cross-L.-M. | | | |
| Berglauf | Hahl, Cedric | SV Frankenheim | |

Männliche Jugend U18

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|----------|------------------------------------|------------------------|---------|
| 100m | Babinsky, Jonas | LG Main-Spessart | 12,15 |
| 200m | Babinsky, Jonas | LG Main-Spessart | 23,5 |
| 400m | Babinsky, Jonas | LG Main-Spessart | 52,03 |
| 800m | Geiger, David | LG Main-Spessart | 2:09,5 |
| 1500m | Stöhr, Jonas | LAZ Kreis Würzburg | 5:58,80 |
| 3000m | | | |
| 110mH | Stengritt, Lorenz | LAZ Kreis Würzburg | 16,71 |
| 400mH | | | |
| 2000mH | | | |
| 4x100m | Nickel-Escher- Müller-Stengritt | LAZ Kreis Würzburg | 47,32 |
| Hoch | Willert, Jonathan | LG Main-Spessart | 1,84 |
| Stab | | | |
| Weit | Babinsky, Jonas | LG Main-Spessart | 6,08 |
| Drei | | | |
| Kugel | Gabel, Philipp | LG Ldkr. Aschaffenburg | 8,33 |
| Diskus | Gabel, Philipp | LG Ldkr. Aschaffenburg | 20,67 |
| Hammer | | | |
| Speer | | | |
| 5-K. | Willert, Jonathan | LG Main-Spessart | 2965 |
| 5-K.-M. | | | |
| 10-K. | | | |
| 10-K.-M. | | | |
| Cross | Deeg, Karl | TG 48 Schweinfurt | |
| Cross-M. | Geiger-Babinsky-Fischer | LG Main-Spessart | |
| Berglauf | | | |
| M15 | | | |
| 100m | Grötsch, Nils | LG Main-Spessart | 11,73 |
| 300m | Amthor, Niklas | TSV Bad Kissingen | 39,82 |
| 800m | Schmidt, Lennard | LAZ Kreis Würzburg | 2:08,3 |
| 3000m | | | |

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|----------|--------------------------------------|------------------------|-------|
| 80mH | Amthor, Niklas | TSV Bad Kissingen | 11,37 |
| 300mH | Amthor, Niklas | TSV Bad Kissingen | 42,7 |
| 4x100m | Mersi-Schaufler- Schaufler-Völker | LG Main-Spessart | 58,78 |
| Hoch | Partes, Lars | LG Main-Spessart | 1,40 |
| Stabhoch | Spahn, Henry | DJK Aschaffenburg | 2,91 |
| Weit | Partes, Lars | LG Main-Spessart | 5,24 |
| Drei | Schmidt, Lennard | LAZ Kreis Würzburg | 9,43 |
| Kugel | Grötsch, Nils | LG Main-Spessart | 10,96 |
| Diskus | Partes, Lars | LG Main-Spessart | 29,97 |
| Hammer | | | |
| Speer | Partes, Lars | LG Main-Spessart | 23,00 |
| 4-K. | Fischer, Moritz | TSV Bad Kissingen | 2051 |
| 4-K.-M. | | | |
| 9-K. | Amthor, Niklas | TSV Bad Kissingen | 4324 |
| 9-K.-M. | Jantschke-Schmidt-Ayad | LAZ Kreis Würzburg | 12057 |
| Cross | Fecher, Paul | LG Ldkr. Aschaffenburg | |
| Cross-M. | | | |

M14

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|----------|---------------------|------------------------|--------|
| 100m | Wollein, Thomas | TV Bad Brückenau | 12,57 |
| 800m | Stadtmüller, Samuel | LG Ldkr. Aschaffenburg | 2:08,4 |
| 3000m | | | |
| 80mH | Jantschke, Luk | LAZ Kreis Würzburg | 12,46 |
| Hoch | Hümmert, Jan Luis | LAZ Kreis Würzburg | 1,56 |
| Stabhoch | | | |
| Weit | Jantschke, Luk | LAZ Kreis Würzburg | 5,19 |
| Kugel | Jantschke Luk | LAZ Kreis Würzburg | 11,32 |
| Diskus | Wüst, Anton | FSV Hohenroth | 28,32 |
| Speer | Hümmert, Jan Luis | LAZ Kreis Würzburg | 43,73 |
| Hammer | | | |
| 4-K. | Jantschke, Luk | LAZ Kreis Würzburg | 2042 |
| 9.K. | Jantschke, Luk | LAZ Kreis Würzburg | 4548 |
| Cross | Scheller, David | TG 48 Würzburg | |

M13

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|----------|-----------------|------------------------|---------|
| 75m | Zehnder, Adrian | DJK Aschaffenburg | 11,39 |
| 800m | Hofmann, Malte | LG Ldkr. Aschaffenburg | 2:19,80 |
| 2000m | | | |
| 60mH | Eehalt, Fabian | LG Main-Spessart | 10,50 |
| 4x75m | | | |
| Hoch | Eehalt, Fabian | LG Main-Spessart | 1,45 |
| Stabhoch | | | |
| Weit | Eehalt, Fabian | LG Main-Spessart | 4,38 |
| Kugel | Koch, Finnegan | DJK Aschaffenburg | 8,60 |
| Diskus | | | |
| Hammer | | | |
| Speer | | | |

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| Ball 4-K. | Eehalt, Fabian | LG Main-Spessart | 36 |
| 4-K.-M. | | | |
| Cross | Zeriu Alezar | TG 48 Würzburg | |
| Cross-M. | Bonengel-Sieling-Mattingly | TG 48 Schweinfurt | |
| M12 | | | |
| 75m | Bräuer, Erik | DJK Aschaffenburg | 11,09 |
| 800m | Widera, Erik | LG Main-Spessart | 2:41,96 |
| 2000m | | | |
| 60mH | Brüuer, Erik | DJK Aschaffenburg | 10,65 |
| Hoch | Hauk, Finn | LAZ Kreis Würzburg | 1,42 |
| Stabhoch | Hauk, Finn | LAZ Kreis Würzburg | 2,11 |
| Weit | Bräuer, Erik | DJK Aschaffenburg | 4,70 |
| Kugel | Hauk, Finn | LAZ Kreis Würzburg | 8,21 |
| Diskus | Hauk, Finn | LAZ Kreis Würzburg | 22,96 |
| Speer | Hauk, Finn | LAZ Kreis Würzburg | 30,35 |
| Hammer | | | |
| Ball 4-K. | Hauk, Finn | LAZ Kreis Würzburg | 49 |
| Cross | Ilauski, Bennet | TG 48 Schweinfurt | |
| M11 | | | |
| 50m | Döbrich, Finn | TG Kitzingen | 7,85 |
| 800m | Weingarten, Lasse Philipp | LG Ldkr. Aschaffenburg | 2:58,96 |
| 2000m | | | |
| 4x50m | Granich-Knüttel- Füller-Karollus | TSV Oberthulba | 30,88 |
| Hoch | Füller, Moritz | TSV Oberthulba | 1,21 |
| Weit | Döbrich, Finn | TG Kitzingen | 4,13 |
| Ball 4-K. | Karollus, Silas | TSV Oberthulba | 36 |
| 4-K.-M. | | | |
| Cross | Hoffmann, Tim | TG 48 Würzburg | |
| Cross.-M. | Berger-Reus-Berger | TV Zeil | |
| M10 | | | |
| 50m | Bernhard, Paul | TV Bürgstadt | 8,10 |
| 800m | Bernhard, Paul | TV Bürgstadt | 2:55,2 |
| 2000m | | | |
| Hoch | Fiedler, Marcel | LAZ Kreis Würzburg | 1,10 |
| Weit | Bernhard, Paul | TV Bürgstadt | 3,75 |
| Ball 4-K. | Bernhard, Paul | TV Bürgstadt | 38 |
| Cross | Berger, Jakob | TV Zeil | |
| Frauen | | | |
| 100m | Heuft, Maria | LG Main-Spessart | 12,74 |

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| 200m | Heuft, Maria | LG Main-Spessart | 25,7 |
| 400m | Bauer, Mareike | LG Main-Spessart | 60,24 |
| 800m | Heidinger, Nadja | TSG Kleinostheim | 2:22,6 |
| 1500m | Greier, Simona | SC Ostheim-Rhön | 4:59,49 |
| 100mH | Büchs, Johanna | DJK/TV Hammelburg | 15,85 |
| 4x100m | Zimmer-Schalling- Heuft-Weißhaar | LG Main-Spessart | 49,00 |
| Hoch | Denkey, Claire | LAZ Kreis Würzburg | 1,57 |
| Weit | Büchs, Johanna | DJK/TV Hammelburg | 5,11 |
| Drei | | | |
| Kugel | Blum, Lisa | LG Main-Spessart | 10,10 |
| Diskus | Schmitt, Katharina | LAZ Kreis Würzburg | 33,55 |
| Hammer | | | |
| Speer | Spinnler, Sandra | LG Ldkr. Aschaffenburg | 35,66 |
| 7-K. | Büchs, Johanna | DJK/TV Hammelburg | 4075 |
| | 14,8-1,56-10,00-27,4-4,98-28,96-3:01,57 | | |
| 7-K.-M. | | | |
| Cross.M. | Hinrichs, Lisa | HSV Birnfeld | |
| Cross.M.-M. | | | |
| Cross.L | Betz, Maja | SC Ostheim-Rhön | |
| Cross.L.-M. | Betz-Klee-Greier | SC Ostheim-Rhön | |
| Berglauf | Hofmann, Sarah-Lena | RV Viktoria Wombach | |
| Berglauf-M. | Hofmann-Ibel-Pototzky | RV Viktoria Wombach | |
| Weibliche Jugend U20 | | | |
| 100m | Zimmer, Ann-Marie | LG Main-Spessart | 12,64 |
| 200m | Schalling, Theresa | LG Main-Spessart | 26,9 |
| 400m | Schalling, Theresa | LG Main-Spessart | 65,43 |
| 800m | Bambeck, Hannah | TV Wasserlos | 2:32,7 |
| 1500m | | | |
| 4x100m | Nikou-Schwarzkopf- Rothaug-Hofmann | LG Main-Spessart | 52,42 |
| 100mH | | | |
| Hoch | Hofmann, Elena | LG Main-Spessart | 1,45 |
| Stabhoch | Zimmer, Hannah | LG Main-Spessart | 2,91 |
| Weit | Hofmann, Elena | LG Main-Spessart | 4,73 |
| Drei | Hofmann, Elena | LG Main-Spessart | 9,96 |
| Kugel | Hofmann, Lisa | TV Bürgstadt | 9,46 |
| Diskus | Hofmann, Lisa | TV Bürgstadt | 26,12 |
| Hammer | | | |
| Speer | Geißler, Lena | LAZ Kreis Würzburg | 27,00 |
| 4-K. | Rothaug, Jana | LG Main-Spessart | 2127 |
| | 17,3-1,44-8,85-28,4 | | |
| 4-K.-M. | Rothaug-Schalling- Schwarzkopf-Hofmann-Nikou | LG Main-Spessart | 8714 |
| 7-K. | Rothaug, Jana | LG Main-Spessart | 3608 |
| | 17,3-1,44-8,85-28,4-4,73-34,60-2:53,30 | | |
| 7-K.-M. | Rothaug-Schwarzkopf-Nikou | LG Main-Spessart | 8760 |

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| Cross | Weippert, Janet | LAZ Kreis Würzburg | |
| Cross-M. | | | |
| Berglauf | Sapper, Carolin | TV Jahn Schweinfurt | |
| Berglauf-M. | | | |
| Weibliche Jugend U18 | | | |
| 100m | Eich, Elisa | DJK/TV Hammelburg | 13,21 |
| 200m | Kaufmann, Jelena | LG Main-Spessart | 27,5 |
| 400m | Eich, Elisa | DJK/TV Hammelburg | 61,44 |
| 800m | Hohmann, Eliese | LAZ Obernburg/Mil | 2:20,3 |
| 1500m | Hohmann, Eliese | LAZ Obernburg/Mil | 4:54,27 |
| 100mH | Schmitt, Hanna | DJK/TV Hammelburg | 15,86 |
| 4x100m | Weihbrecht-Gerhard- Kaufmann-Zimmer | LG Main-Spessart | 52,09 |
| Hoch | Schmitt, Hanna | DJK/TV Hammelburg | 1,57 |
| Stabhoch | | | |
| Weit | Heid, Lilian | DJK/TV Hammelburg | 5,19 |
| Drei | | | |
| Kugel | Schmitt, Hanna | DJK/TV Hammelburg | 11,96 |
| Diskus | Schmitt, Hanna | DJK/TV Hammelburg | 30,18 |
| Hammer | | | |
| Speer | Hock, Carmen | LG Main-Spessart | 38,99 |
| 4-K. | Schmitt, Hanna | DJK/TV Hammelburg | 2647 |
| | 16,9-1,59-11,63-13,2 | | |
| 4-K.-M. | Kaufmann-Hock | LG Main-Spessart | 9113 |
| | Riedmann-Klebsch-Hofmann | | |
| 7-K. | Eich, Elisa | DJK/TV Hammelburg | 4196 |
| | 15,8-1,44-10,74-12,8-4,76-25,68-2:29,24 | | |
| 7-K.-M. | | | |
| Cross | Hohmann, Eliese | LAZ Obernburg/Mil | |
| Cross-M. | Krines-Oswald-Kilian | LAZ Kreis Würzburg | |
| Berglauf | | | |
| Berglauf-M. | | | |
| W15 | | | |
| 100m | Denkey, Julie | LAZ Kreis Würzburg | 12,93 |
| 300m | Denkey, Julie | LAZ Kreis Würzburg | 45,19 |
| 800m | | | |
| 80mH | Denkey, Julie | LAZ Kreis Würzburg | 12,45 |
| 4x100m | Hoos-Weidner- Denkey-Sieber | LAZ Kreis Würzburg | 52,03 |
| Hoch | Denkey, Julie | LAZ Kreis Würzburg | 1,58 |
| Stabhoch | | | |
| Weit | Denkey, Julie | LAZ Kreis Würzburg | 5,21 |
| Drei | Denkey, Julie | LAZ Kreis Würzburg | 10,10 |
| Kugel | Bedenk, Antonia | 1.FC Schweinfurt 1905 | |
| Diskus | Bedenk, Antonia | 1.FC Schweinfurt 1905 | 24,65 |
| Hammer | | | |

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| Speer | Denkey, Julie | LAZ Kreis Würzburg | 26,12 |
| 4-K. | Bedenk, Antonia | 1.FC Schweinfurt 1905 | 1810 |
| | 14,3-4,39-1,32-10,65 | | |
| 4-K,-M. | Scharf-Hopf- | LA-Team Alzenau | 8390 |
| | Noettger-Sebor-Schweitzer | | |
| 7-K. | Kohmann, Marie | LG Main-Spessart | 3085 |
| | 13,7-4,79-8,48-1,29-13,47-16,82-2:47,22 | | |
| 7-K.-M. | Scharf-Noettger-Sebor | LA-Team Alzenau | 9117 |
| Cross | Baunach, Johanna | DJK Schweinfurt | |
| Cross-M. | | | |

W14

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|----------|---|--------------------|--------|
| 100m | Sieber, Soana | LAZ Kreis Würzburg | 13,34 |
| 800m | Engel, Mia | TV Bad Brückenau | 2:32,8 |
| 80mH | Scharf, Alexandra | LA Team Alzenau | 12,26 |
| Hoch | Scharf, Alexandra | LA-Team Alzenau | 1,55 |
| Stabhoch | | | |
| Weit | Scharf, Alexandra | LA-Team Alzenau | 5,26 |
| Kugel | Knoesel, Nadja | TG 48 Würzburg | 9,93 |
| Diskus | Knoesel, Nadja | TG 48 Würzburg | 24,47 |
| Speer | Scharf, Alexandra | LA-Team Alzenau | 29,59 |
| Hammer | | | |
| 4-K. | Scharf, Alexandra | LA-Team Alzenau | 2047 |
| | 13,5-5,23-1,50-9,96 | | |
| 7-K. | Scharf, Alexandra | LA-Team Alzenau | 3531 |
| | 13,5-5,23-9,96-1,50-12,24-28,78-2:49,64 | | |
| Cross | Zwirlein, Marie | LG Haßberge | |

W13

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|----------|-----------------|--------------------|---------|
| 75m | Poleba, Sarah | TV Bürgstadt | 10,74 |
| 800m | Buchner, Naomi | TV Bürgstadt | 2:52,52 |
| 60mH | Buchner, Naomi | TV Bürgstadt | 11,06 |
| 4x75m | Löscher-Maliki- | LAZ Kreis Würzburg | 47,47 |
| | Hellmuth-Hoos | | |
| Hoch | Brey, Julie | LG Main-Spessart | 1,42 |
| Stabhoch | | | |
| Weit | Poleba, Sarah | TV Bürgstadt | 4,29 |
| Kugel | Poleba Sarah | TV Bürgstadt | 10,25 |
| Diskus | Poleba Sarah | TV Bürgstadt | 31,16 |
| Hammer | | | |
| Speer | Poleba Sarah | TV Bürgstadt | 32,31 |
| Ball | Poleba Sarah | TV Bürgstadt | 44,5 |
| 4-K. | | | |
| 4-K.-M. | | | |
| Cross | Raue, Karla | TG 48 Würzburg | |
| Cross-M. | | | |

W12

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|----------|-----------------------------------|------------------------|---------|
| 75m | Löschinger, Nicci | LG Ldkr. Aschaffenburg | 11,05 |
| 800m | Baunach, Sara | DJK Schweinfurt | 2:46,33 |
| 60mH | Staude, Stella | DJK Aschaffenburg | 11,36 |
| Hoch | Staude, Stella | DJK Aschaffenburg | 1,33 |
| Stabhoch | | | |
| Weit | Löschinger, Nicci | LG Ldkr. Aschaffenburg | 4,33 |
| Kugel | Konrad, Sina | LG Main-Spessart | 5,45 |
| Diskus | Maliki, Saide | LAZ Kreis Würzburg | 9,71 |
| Hammer | | | |
| Speer | Haas, Antonia | TSV Oberthulba | 20,00 |
| Ball | Maliki, Saide | LAZ Kreis Würzburg | 20,00 |
| 4-K. | | | |
| Cross | Baunach, Sara | DJK Schweinfurt | |
| W11 | | | |
| 50m | Haas, Antonia | TSV Oberthulba | 8,13 |
| 800m | Mehls, Sophia | TG 48 Würzburg | 2:55,98 |
| 4x50m | Schmitt-Haas- Haas-Granich | TSV Oberthulba | 30,91 |
| Hoch | Granich, Anne | TSV Oberthulba | 1,34 |
| Weit | Haas, Katharina | TSV Oberthulba | 3,79 |
| Ball | Speck, Ella | DJK Aschaffenburg | 29 |
| 4-K. | | | |
| Cross | Grosskopf, Hanna | TV Zeil | |
| Cross-M. | Grosskopf-Gebhardt- Zimmermann | TV Zeil | |
| W10 | | | |
| 50m | Schmidt, Emilia | LAZ Kreis Würzburg | 8,43 |
| 800m | Kemmer, Theresa | TG 48 Würzburg | 3:12,64 |
| Hoch | Koch, Linnea | DJK Aschaffenburg | 1,10 |
| Weit | Kemmer, Theresa | TG 48 Würzburg | 3,45 |
| Ball | Schmitt, Lena | TV/DJK Hammelburg | 25 |
| 4-K. | | | |
| Cross | Kemmer, Theresa | TG 48 Würzburg | |